

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>Location Key DR=Dining Room MC=Media Center (L) Lounge near Elevator (KC) Kretzmer Center at Kobernick T=Transportation Provided SILL=Sarasota Institute of Lifelong Learning Activities are Subject to Change.</p> <p>The Aviva TV Network offers Programming on Channel 3, 4 and 5</p>			<p>9:00 Morning Dailies and Greetings 1 10:00 Morning Moves with Jess (MC) 11:30 Passover Seder with Rabbi (DR) 1:30 Flexibility Class with Conner (MC) 2:15 Art Appreciation (MC) 4:00 Bio of the Week (MC) 6:30 Independent Games in the DR or MC 7:15 Movie of the Week- (L or Channel 5)</p> <p>Morning Visits Sandi and Jenny Dog Visits</p>	<p>9:00 Dailies and Greetings (DR) 2 10:00 Chair Pilates for Seniors (MC) 11:15 Heart Health Chair Aerobics with Conner (MC) 2:00 Outdoor Activity of Choice 3:30 Mix and Mingle (DR) 4:00 NY Times Games (MC) 6:30 Independent Games in the DR or MC 7:15 Lecture of the Week (L or Channel 5)</p>	<p>10:00 Shopping to Publix by Advance sign-up (T) 3 11:30 Chair Dance Class with Bonnie (MC) 1:30 Strength Training with Conner (MC) 2:30 Chat with Rabbi Rachel (MC) 5:15 Shabbat Blessings (DR) Morning Visits by Humane Society Dog Look for Sheila & Buckeye</p>	<p>10:30 Torah Service 4 (Anchin Chapel or Channel 4) 6:30 Saturday Night at the Movies (Elevator Lounge)</p>
<p>9:00 Morning Greetings (DR) 5 11:00 Morning Stretch (MC) 11:30 Motivation Speech about when to be silent in certain situations with Denzel Washington (MC) 1:30 Afternoon Stroll and Walks 2:00 SILL Global Series (Channel 5 or MC) 2:45 Easter Services with Reverend Donna (Anchin Chapel or Channel 4) 7:15 Classical Music on Channel 3 or Media Center</p>	<p>9:00 Dailies & Greetings (DR) 6 10:00 Morning Stretch (MC) 10:30 Get Your Words worth (MC) 11:15 Seated Balance Class with Conner (MC) 2:00 Bingo (DR) 3:00 Who, What, Where (DR) 4:00 Musical Mondays (MC) 6:30 Independent Games (DR or MC)</p>	<p>9:00 Morning Dailies and Greetings (DR) 7 10:00 Chair Pilates for Seniors (MC) 11:15 Balance Class with Conner (MC) 1:30 Food Committee Open To All (DR) 2:15 Resident Council Open to All (DR) 3:30 Sarasota Institute of Lifelong Learning Music Program at Kretzmer Channel 5 or MC) 6:30 Independent Games in the DR or MC 7:15 Show of the Week (Channel 5 or L)</p> <p>Morning Visits Sandi and Jenny Dog Visits</p>	<p>9:00 Morning Dailies and Greetings 8 10:00 Morning Moves with Jess (MC) 11:00 Morning Mid week Movie (L) 1:30 Flexibility Class with Conner (MC) 2:15 Art Appreciation (DR) 4:00 Bio of the Week (MC) 6:30 Independent Games in the DR or MC 7:15 Movie of the Week- (L or Channel 5)</p> <p>Morning Visits Sandi and Jenny Dog Visits</p>	<p>9:00 Dailies and Greetings (DR) 9 10:00 Chair Pilates for Seniors (MC) 11:00 Kretzmer Concert-Prometheus Duo ask Jessica for transportation 11:15 Heart Health Chair Aerobics with Conner (MC) 2:00 Outdoor Fun 3:00 Ron on Piano (DR) 3:30 Mix & Mingle (DR) 4:00 Spelling Bee (MC) 6:30 Independent Games in the DR or MC 7:15 Lecture of the Week (L or Channel 5)</p>	<p>10:00 Shopping to Publix by Advance sign-up (T) 10 11:30 Chair Dance Class with Bonnie (MC) 2:30 Chat with Rabbi Rachel (MC) 5:15 Shabbat Blessings (DR) Morning Visits by Humane Society Dog Look for Sheila & Buckeye</p>	<p>10:30 Torah Service 11 (Anchin Chapel or Channel 4) 6:30 Saturday Night at the Movies (Elevator Lounge)</p>
<p>9:00 Morning Greetings (DR) 12 11:00 Morning Moves (MC) 11:30 Denzel Washington You become What you do Every Day (MC) 1:30 Cornhole Fun 2:00 SILL Global Series (Channel 5 or MC) 7:15 Classical Music on Channel 3 or Elevator Lounge</p>	<p>9:00 Dailies & Greetings (DR) 13 10:00 Stretch a Move (MC) 10:30 Spelling Competition (MC) 11:15 Seated Balance Class with Conner (MC) 2:00 Bingo (DR) 3:00 Who, What, Where, When (DR) 4:00 Musical Mondays (MC) 6:30 Independent Games in the DR or MC</p>	<p>9:00 Dailies and Greetings (DR) 14 10:00 Chair Pilates (MC) 11:15 Balance Class with Conner (MC) 1:30 Birthday Social with Temple Emanu-El (DR) 2:00 Active Games (MC) 3:30 Sarasota Institute of Lifelong Learning Music Program at Kretzmer Channel 5 or MC) 6:30 Independent Games in the DR or MC 7:15 Show of the Week (Channel 5 or L)</p> <p>Morning Visits Sandi and Jenny Dog Visits</p>	<p>9:00 Morning Greetings 15 10:00 Movement in Motion (MC) 11:00 Mid Week Morning Movie (L) 1:30 Flexibility Class with Conner (MC) 2:15 Art Appreciation (DR) 4:00 Bio of the Week (MC) 6:30 Independent Games in the DR or MC 7:15 Movie of the Week (Channel 5 or Lounge)</p> <p>Morning Visits Sandi and Jenny Dog Visits</p>	<p>9:00 Dailies and Greetings (DR) 16 10:00 Chair Pilates for Seniors (MC) 11:15 Heart Health Chair Aerobics with Conner (MC) 2:00 Outdoor Activities and Conversations 3:00 Ron on Piano (DR) 3:30 Mix & Mingle (DR) 4:00 NY Times Games (MC) 6:30 Independent Games in the DR or MC 7:15 Lecture of the Week (L or Channel 5)</p>	<p>10:00 Shopping to Publix by Advance sign-up (T) 17 11:30 Chair Dance Class with Bonnie (MC) 1:30 Strength Training with Conner (MC) 2:30 Chat with Rabbi Rachel (MC) 5:15 Shabbat Blessings (DR) Morning Visits by Humane Society Dog Look for Sheila & Buckeye</p>	<p>10:30 Torah Service 18 Anchin Chapel or Channel 4 6:30 Saturday Night at the Movies (Elevator Lounge)</p>
<p>9:00 Morning Greetings (DR) 19 11:00 Strength & Stretch (MC) 11:30 Act as if Nothing Bothers You Denzel Washington (MC) 2:30 Spring Broadway Show with the Starfire Dancers (DR) 7:15 Classical Music on Channel 3 or Elevator Lounge</p>	<p>9:00 Dailies & Greetings (DR) 20 10:00 Strength & Stretch (MC) 10:30 Word Extraction (MC) 11:15 Seated Balance Class with Conner (MC) 2:00 Bingo (DR) 3:00 Word Extraction (DR) 4:00 Resident Request: PBS Special (MC) 6:30 Independent Games in the DR or MC</p>	<p>9:00 Morning Dailies and Greetings (DR) 21 10:00 Chair Pilates for Seniors (MC) 11:15 Balance Class with Conner (MC) 2:00 Active Games (DR) 3:30 Sarasota Institute of Lifelong Learning Music Program at Kretzmer Channel 5 or MC) 6:30 Independent Games in the DR or MC 7:15 Show of the Week (Channel 5 or L)</p> <p>Morning Visits Sandi and Jenny Dog Visits</p>	<p>9:00 Morning Dailies and Greetings 22 10:00 Workout with Jess (MC) 11:00 Best Songs about Spring (MC) 1:30 Flexibility Class with Conner (MC) 2:15 Art Appreciation (MC) 4:00 Bio of the Week (MC) 6:30 Independent Games in the DR or MC 7:15 Movie of the Week (Channel 5 or L) <u>11:00am AJC Luncheon at Michaels on East</u> Morning Visits Sandi and Jenny Dog Visits</p>	<p>9:00 Dailies and Greetings (DR) 23 10:00 Chair Pilates for Seniors (MC) 11:15 Heart Health Chair Aerobics with Conner (MC) 2:00 The Great Outdoors Club 3:00 Ron on Piano (DR) 3:30 Mix & Mingle (DR) 4:00 Spelling Bee Competition (MC) 6:30 Independent Games in the DR or MC 7:15 Lecture of the Week (L or Channel 5)</p>	<p>10:00 Shopping to Publix by Advance sign-up 24 11:30 Chair Dance Class with Bonnie (MC) 1:30 Strength Training with Conner (MC) 2:30 Chat with Rabbi Rachel (MC) 5:15 Shabbat Blessings (DR) Morning Visits by Humane Society Dog Look for Sheila & Buckeye</p>	<p>10:30 Torah Service 25 Anchin Chapel or Channel 4 6:30 Saturday Night at the Movies (Elevator Lounge)</p>
<p>9:00 Morning Greetings (DR) 26 11:00 Making Moves (MC) 11:30 It's time to Focus and Value Yourself with Tony Robbins (MC) 1:30 Outdoor Games 7:15 Classical Music on Channel 3 or Elevator Lounge</p>	<p>9:00 Dailies & Greetings (DR) 27 10:00 Strength & Stretch (MC) 10:30 Crosswords (MC) 11:15 Seated Balance Class with Conner (MC) 2:00 Bingo (DR) 3:00 Who, What, Where, When (DR) 4:00 Resident Request: PBS Special (MC) 6:30 Independent Games in the DR or MC</p>	<p>9:00 Morning Dailies and Greetings (DR) 28 10:00 Chair Pilates for Seniors (MC) 11:15 Balance Class with Conner (MC) 2:00 Active Games of Choice (MC) 3:30 Sarasota Institute of Lifelong Learning Music Program on Channel 5 6:30 Independent Games in the DR or MC 7:15 Show of the Week (Channel 5 or L)</p>	<p>9:00 Morning Dailies and Greetings 29 10:00 Workout with Jess (MC) 11:00 Balloon Volleyball tournament with the Aviva Campus Residents (DR) 1:30 Flexibility Class with Conner (MC) 2:15 Art Appreciation (MC) 3:00 Men's Club in the Lounge 4:00 Bio of the Week (MC) 6:30 Independent Games in the DR or MC 7:15 Movie of the Week (Channel 5 or L) Morning Visits Sandi and Jenny Dog Visits</p>	<p>9:00 Dailies and Greetings (DR) 30 10:00 Chair Pilates for Seniors (MC) 11:15 Heart Health Chair Aerobics with Conner (MC) 2:00 The Great Outdoors Club 3:00 Ron on Piano (DR) 3:30 Mix & Mingle (DR) 4:00 Spelling Bee Competition (MC) 6:30 Independent Games in the DR or MC 7:15 Lecture of the Week (L or Channel 5)</p>	<p>This Month Take Out Dinner will be the 3rd Wednesday</p> 	<p>All Programming that indicates Channel 3, 4 or 5 Aviva in house TV channels and daily schedules will reflect the actual program for that time and channel. Updated schedules are posted daily by the Wall Calendar opposite the elevator.</p> <p>Please contact Jessica Ext. 160 in Life Enrichment for any questions.</p>