




September 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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 Silvia B. 9/14	Mail & Package Delivery is done throughout the day. Look for our new gameshows and Door to Door programs that even though we are apart will bring us together! Welcome Olivia DelGandio, our virtual art intern from New College	9:30 Stretch and Refresh (Channel 4) 1 10:00 Core Stability (Channel 3) 10:30 Bio of Emma Nutt-First Phone Operator 2:00 Jews and Baseball: An American Love Story (Channel 3) 3:00 Yoga with Margie (Channel 3) 7:00 Show of the Week (Channel 3)	10:00 Healthy Spine (Channel 3) 2 10:30 Range of Motion (Channel 3) 11:00 Gadgets & Gizmos from the Chronicle 2:00 Chair Chi (Channel 3) 2:30 Door to Door Wheel of Prizes 3:30 Tech One on Ones 7:00 Movie of the Week (Channel 3)	9:30 Stretch & Refresh with Margie (Channel 4) 3 10:30 Famous Bios-Louis Sullivan-creator of American skyscrapers (Channel 3) 11:00 Science, History or Cultural Program (Channel 3) 2:00 Cultural Lecture or Documentary (Channel 3) 3:00 Yoga with Margie (Channel 3) 7:00 Concert of the Week (Channel 3)	10:00 Healthy Spine (Channel 3) 4 10:30 Range of Motion (Channel 3) 11:00 Morning Comedy Special (Channel 3) 2:00 Comedy Favorite (Channel 3) 3:30 Share Shabbat Rabbi Katz Live from Anchin Chapel (Channel 4)	10:30 Torah Service (Channel 4) 5
10:00 Chair Exercise Program (Channel 4) 6 10:30 Performance of the Week (Channel 3) 2:00 Literary Packet Distribution 7:00 Classical Music Program (Channel 3)	10:00 Healthy Spine with Margie (Channel 3) 7 10:30 Range of Motion (Channel 3) 11:00 Price is Right Gameshow 2:00 Documentary & Discussion 2:00 Chair Chi (Channel 3) 4:00 Special of the Week (Channel 3)	9:30 Stretch & Refresh (Channel 4) 8 10:00 Core Stability (Channel 3) 10:30 Favorite Book Collection 2:00 Resident Birthday Party Door to Door Celebration 2:30 Art Projects with Olivia 3:00 Yoga with Margie (Channel 3) 7:00 Show of the Week (Channel 3)	10:00 Healthy Spine (Channel 3) 9 10:30 Range of Motion (Channel 3) 11:00 Baseball Legends 2:00 Chair Chi (Channel 3) 2:30 Door to Door Game Cart 3:30 Tech One on Ones 7:00 Movie of the Week (Channel 3)	9:30 Stretch & Refresh with Margie (Channel 4) 10 10:30 Filmography 11:00 Science, History or Cultural Program (Channel 3) 2:00 Cultural Lecture or Documentary (Channel 3) 3:00 Yoga with Margie (Channel 3) 7:00 Concert of the Week (Channel 3)	10:00 Healthy Spine (Channel 3) 11 10:30 Range of Motion (Channel 3) 11:00 Morning Comedy Special (Channel 3) 2:00 Comedy Favorite (Channel 3) 3:30 Share Shabbat Rabbi Katz Live from Anchin Chapel (Channel 4)	10:30 Selichot & Torah Service (Channel 4) 12
10:00 Chair Exercise Program (Channel 4) 13 10:30 Performance of the Week (Channel 3) 2:00 Literary Packet Distribution 7:00 Classical Music Program (Channel 3)	10:00 Healthy Spine with Margie (Channel 3) 14 10:30 Range of Motion (Channel 3) 11:00 Fine Arts Coloring 2:00 Documentary & Discussion 2:00 Chair Chi (Channel 3) 3:30 Root Beer Floats	9:30 Stretch and Refresh (Channel 4) 15 10:00 Core Stability (Channel 3) 10:30 Show and Tell Roadshow 2:30 Art Project with Olivia 3:00 Yoga with Margie (Channel 3) 7:00 Show of the Week (Channel 3)	10:00 Healthy Spine (Channel 3) 16 10:30 Range of Motion (Channel 3) 11:00 New Year Wishes Project 2:00 Chair Chi (Channel 3) 2:30 Door to Door Trivia Challenge 3:30 Tech One on Ones 7:00 Movie of the Week (Channel 3)	9:30 Stretch & Refresh with Margie (Channel 4) 17 10:30 Famous Bios-Jane Addams-Woman's Suffragist 11:00 Science, History or Cultural Program (Channel 3) 2:00 Cultural Lecture or Documentary (Channel 3) 3:00 Yoga with Margie (Channel 3) 7:00 Concert of the Week (Channel 3)	10:00 Healthy Spine (Channel 3) 18 10:30 Range of Motion (Channel 3) 11:00 Morning Comedy Special (Channel 3) 2:00 Comedy Favorite (Channel 3) 7:00 Erev Rosh Hashanah Service Rabbi Katz & Cantor Joy (Channel 4)	10:30 Rosh Hashanah Service with Rabbi Katz & Cantor Joy (Channel 4) 19 11:45 Hallway Shofar Blowing
10:00 Chair Exercise Program (Channel 4) 20 10:30 Performance of the Week (Channel 3) 2:00 Literary Packet Distribution 7:00 Classical Music Program (Channel 3)	10:00 Healthy Spine with Margie (Channel 3) 21 10:30 Range of Motion (Channel 3) 11:00 Price is Right Gameshow 2:00 Documentary & Discussion 2:00 Chair Chi (Channel 3) 3:00 Apples & Honey Cart 	9:30 Stretch and Refresh (Channel 4) 22 10:00 Core Stability (Channel 3) 10:30 Strolling Name That Tune 2:30 Art Project with Olivia 3:00 Yoga with Margie (Channel 3) 7:00 Show of the Week (Channel 3)	10:00 Healthy Spine (Channel 3) 23 10:30 Range of Motion (Channel 3) 11:00 Ocean Mysteries 2:00 Chair Chi (Channel 3) 2:30 Door to Door Wheel of Prizes 3:30 Tech One on Ones 7:00 Movie of the Week (Channel 3)	9:30 Stretch & Refresh with Margie (Channel 4) 24 10:30 Famous Bios-Harry Connick, Jr., singer and actor 11:00 Photo Contest 2:00 Cultural Lecture or Documentary (Channel 3) 3:00 Yoga with Margie (Channel 3) 7:00 Concert of the Week (Channel 3)	10:00 Healthy Spine (Channel 3) 25 10:30 Range of Motion (Channel 3) 11:00 Morning Comedy Special (Channel 3) 2:00 Comedy Favorite (Channel 3) 3:30 Share Shabbat Rabbi Katz Live from Anchin Chapel (Channel 4)	10:30 Torah Service (Channel 4) 26
10:00 Chair Exercise Program (Channel 4) 27 10:30 Performance of the Week (Channel 3) 2:00 Literary Packet Distribution 3:30 Kol Nidre Service from the Chapel 7:00 Kol Nidre Service from the Chapel	10:30 Yom Kippur Morning Service (Channel 4) 28 3:30 Yizkor & Neilah Service (Channel 4)	9:30 Stretch and Refresh (Channel 4) 29 10:00 Core Stability (Channel 3) 10:30 Resident Council Inquiry 2:30 Art Project with Olivia 3:00 Yoga with Margie (Channel 3) 7:00 Show of the Week (Channel 3)	10:00 Healthy Spine (Channel 3) 30 10:30 Range of Motion (Channel 3) 11:00 Chocolate Taste Test 2:00 Chair Chi (Channel 3) 2:30 Door to Door Game Cart 3:30 Octoberfestivities 7:00 Movie of the Week (Channel 3)	 <p>Happy Rosh Hashanah! שנה טובה Shanah Tovah!</p>		Programs will take place with social distancing depending upon where is best for the residents. Activities are Subject to Change. A Notice will be posted with any changes.