

**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

<p><b>what's new?</b> <b>Updates</b> Weekly Calendars, with updated programming, are available in Life Enrichment. Any changes to the calendar will be posted on the board in The Life Enrichment Center and will be broadcast on Touchtown TV, Channel 3.</p>	<p>3:00 Yizkor at Anchin Chapel <b>1</b></p>  <p>2:00 Simchat Torah in the Kretzmer Center 3:30pm Aviva Simcha Reception <b>2</b></p> <p>3:30pm The Freylekh Klezmer Band in the Rotunda</p>	<p>9:30 Weights &amp; Bands (FC) <b>3</b> 10:30 Resident Association Meeting (DR) 1:15 Kobee Cap Volunteers (LE) 3:30 Activity Planning Meeting (KC) 7:00 New Movie Release (KC)</p> <p>9-1pm Walgreen's Flu Shot Clinic (LE) Complete your Forms in Advance</p>	<p>9:00 Beginner's Walking Club-at your pace meets in Fitness Center (FC) <b>4</b> 9:30 Core Stability Class (FC) 10:00 Movement Magic (KC) 10:30 Posture Improvement (KC) 10:30 Trip to Area Banks (SU) 11:00 Magnification Workshop-Sarasota Manatee Lighthouse for the Blind (LE) 1:00 Smart Moves in Motion (FC) 2:00 Dynamic Balance Class (FC) 3:30 Aviva U.-"Oral Interpretations"-Poetry Maria Leonardo Poolside or KC 7:00 Aviva U.- Jordan Shiffrin- "Humphrey Bogart "The Ultimate Tough Guy" (KC)</p>	<p>8:45 Complimentary Donuts &amp; Coffee at Jane &amp; Irvs <b>5</b> 9, 9:30, 10:00 Publix Crossings Shopping (SU) 9:30 Weights &amp; Bands (FC) 10:00 Balance Class (FC) 10:30 Arthritis Movement (FC) 11:00 Aviva Play Readers with Joan Franzel (LE) 12:00 Shopping UTC (SU) 3:00 Yoga Class (FC) 3:30 Shabbat Service Anchin Chapel 5:45 Temple Services (SU) 7:00 Piano and Song with Harriett (R)</p>	<p>8:45 Temple Services (SU) <b>6</b> 10:30 Torah Services at Anchin Chapel 12:30 Movies at Lakewood Ranch (SU) 7:00 Havdalah (KC) 7:30 Movie Night (KC)</p>	
<p>10:30 Sunday Roundtable with Youthful Aging R.N.- "Flu-busters" with Lynn Kay <b>7</b> 1:00 Aviva Jazz Trio Rehearsal Jam Session (R) 3:00 Musical Favorite on DVD (KC) 7:00 Classical Music Program on DVD (KC)</p>	<p>9:30 Weights &amp; Bands (FC) <b>8</b> 10:00 Publix Commons Shopping (SU) 10-2:00 Columbus Day Rotundasidesale (R) 10:00 Balance Class (KC) 10:30 Balance Class (FC) 10:30 Watercolors with Isabel (LE) 12:30 Shopping to Walmart (SU) 1:30 Shakespeare Reading Group (BR) 3:00 Smart Moves in Motion (FC) 3:30 Guided Relaxation Class (FC) 7:00 Bingo (KC) 7:00 Concert on Video (C)</p>	<p>8:30 Early Riser's Walking Club (FC) <b>9</b> 9:30 Morning Yoga (FC) 10:00 Movement Magic (KC) 10:30 Behind the Scenes Tour at Sarasota Ballet (SU) 11:00 Aviva U.- "Oil Development into Black Gold"-Carole Holland (KC) 1:00 Pool Players Posse &amp; Lessons with Howard (C) 2:00 Range of Motion Class (FC) 3:00 Core Stability Class (FC) 3:30 Senior Fitness Test &amp; What it Means For You-Margie Pacher (KC) 7:00 Sultry Sounds on Sax with Duane (KC)</p>	<p>9:30 Weights &amp; Bands (FC) <b>10</b> 9:30 Exercise in the Pool with Marni 10:00 Balance Class (KC) 10:30 Balance Class (FC) 11:00 Yiddish Cabaret Revue With Betty Silberman (KC) 12:15 Sarasota MET HD Opera "Aida" (SU) 1:00 Socrates Café Fruitville Library (SU) 1:15 Kobee Cap Volunteers (LE) 3:30 Documentary on Jackie Kennedy &amp; Lee Radziwill- Tale of Two Sisters (KC) 7:00 New Movie Release (KC)</p>	<p>9:00 Beginner's Walking Club-at your pace meets in Fitness Center <b>11</b> 9:30 Core Stability Class (FC) 10:00 Movement Magic (KC) 10:30 Posture Improvement (KC) 11:00 Word Patch pick of the season (LE) 12:00 Luncheon to Café Barbossa (SU) 1:00 Smart Moves in Motion (FC) 2:00 Dynamic Balance Class (FC) 3:30 Aviva U.-What are the Amendments on the voting ballot &amp; their explanation John Pearce (KC) 7:00 One Woman Show Connie Kurtz (KC)</p>	<p>9, 9:30, 10:00 Publix Crossings Shopping (SU) <b>12</b> 9:30 Weights &amp; Bands (FC) 10:00 Balance Class (FC) 10:30 Arthritis Movement (FC) 11:00 Music Moves You with Joy (KC) 12:30 Shopping to Trader Joes (FC) 3:00 Yoga Class (FC) 3:30 Shabbat Service Anchin Chapel 5:45 Temple Services (SU) 7:00 Piano and Song with Harriett (R)</p>	
<p>10:30 Current Events Forum with Jack Polejes Politics &amp; Communication: "The Hacking of America" (KC) <b>14</b> 1:00 Aviva Jazz Trio Rehearsal Jam Session (R) 1:00 Basic Computer-ease with Elinor (L) 3:00 Musical Favorite on DVD (KC) 7:00 Classical Music Program on DVD (KC)</p>	<p>9:30 Weights &amp; Bands (FC) <b>15</b> 10:00 Publix Commons Shopping (SU) 10:00 Balance Class (KC) 10:30 Balance Class (FC) 10:30 Mixed Media Art with Carlos (LE) 12:30 Shopping to Dollar Tree/ T.J. Maxx (SU) 1:30 Shakespeare Reading Group (BR) 3:00 Smart Moves in Motion (FC) 3:30 Guided Relaxation Class (FC) 7:00 Bingo (KC) 7:00 Concert on Video (C)</p>	<p>8:30 Early Riser's Walking Club (FC) <b>16</b> 9:30 Morning Yoga (FC) 10:00 Movement Magic (KC) 11:00 Aviva U.- Carole Holland "Oil Development into Black Gold"-(KC) 1:00 Pool Players Posse &amp; Lessons with Howard (C) 2:00 Range of Motion Class (FC) 3:00 Core Stability Class (FC) 3:30 Aviva U.-Bailla Miller -Georgia O'Keeffe &amp; Alfred Stieglitz-Power Couple- forging art form into the next Century-Part I (KC) 7:00 Florida Studio Theatre's Early Bird Improv (KC)</p>	<p>9:30 Weights &amp; Bands (FC) <b>17</b> 10:00 Balance Class (KC) 10:30 Balance Class (FC) 11:00 Find your Inner Singing Voice with "Joy" -Joy Yelin (LE) 12:30 Musical Entertainment at the Friendship Center (SU) 1:15 Kobee Cap Volunteers (LE) 3:30 B' nei Mitzvah Class with Rabbi Anne (LE) 7:00 New Movie Release (KC)</p>	<p>9:00 Beginner's Walking Club-at your pace meets in Fitness Center (FC) <b>18</b> 9:30 Core Stability Class (FC) 10:00 Movement Magic (KC) 10:30 Posture Improvement (KC) 11:00 Aviva U.- "Be Who you want to be" Doug Ross (KC) 12:00 Jamming with Jay (DR) 1:00 Smart Moves in Motion (FC) 1:30 Holocaust Survivor's JFCS Chavarah (L) 2:00 Dynamic Balance Class (FC) 3:30 T.E.D. Talks-Computer Shorts-Positive Stories-computer to the big screen (KC) 7:00 Multimedia Opera Talk "Aida" (KC)</p>	<p>9, 9:30, 10:00 Publix Shopping (SU) <b>19</b> 9:30 Weights &amp; Bands (FC) 10:00 Balance Class (FC) 10:30 Arthritis Movement (FC) 11:00 Aviva Play Readers with Joan Franzel (LE) 12:30 Shopping to Cooper Creek &amp; B.J.'s (SU) 3:00 Yoga Class (FC) 3:30 Shabbat Service Anchin Chapel 5:45 Temple Services (SU) 7:00 Piano and Song with Harriett (R)</p>	
<p>9:30 Jewish War Veteran's Breakfast Meeting (KC) <b>21</b> 10:30 Sunday Roundtable with Youthful Aging R.N. (LE) 12:00 "Raisin" at WBTT (Subscriber SU) 1:00 Aviva Jazz Trio Rehearsal Jam Session (R) 3:00 Musical Favorite on DVD (KC) 7:00 Classical Music Program on DVD (KC)</p>	<p>9:30 Weights &amp; Bands (FC) <b>22</b> 10:00 Publix Commons Shopping (SU) 10:00 Balance Class (KC) 10:30 Balance Class (FC) 10:30 Watercolors with Isabel (LE) 12:30 Shop Detwilers (SU) 1:30 Shakespeare Reading Group (BR) 3:00 Smart Moves in Motion (FC) 3:30 Guided Relaxation Class (FC) 7:00 Bingo (KC) 7:00 Concert on Video (C)</p>	<p>8:30 Early Riser's Walking Club (FC) <b>23</b> 9:30 Morning Yoga (FC) 10:00 Movement Magic (KC) 11:00 Aviva U.- Carole Holland "Oil Development into Black Gold" (KC) 1:00 Pool Players Posse &amp; Lessons with Howard (C) 2:00 Range of Motion Class (FC) 3:00 Core Stability Class (FC) 3:30 Jeopardy with the Double "A" Girls (LE) 7:00 Joe Bruno &amp; The Dixieland Hot Dog Band (KC)</p>	<p>9:30 Weights &amp; Bands (FC) <b>24</b> 10:00 Balance Class (KC) 10:30 Balance Class (FC) 11:00 Michael Koren Musical in the Making Session (LE) 1:15 Kobee Cap Volunteers (LE) 3:30 Nova Documentary Special- Inside Einstein's Mind (KC) 4:30 Early Bird Dinner to Captain Brians (SU) 7:00 New Movie Release (KC)</p>	<p>9:00 Beginner's Walking Club-at your pace meets in Fitness Center (FC) <b>25</b> 9:30 Core Stability Class (FC) 10:00 Movement Magic (KC) 10:30 Posture Improvement (KC) 11:00 Horn a plenty word game (LE) 1:00 Smart Moves in Motion (FC) 2:00 Dynamic Balance Class (FC) 3:30 T.E.D. Talks-Computer Shorts-Positive Stories-computer to the big screen (KC) 4:30-6:30 Dairy <i>Delicacies</i> at a Aviva Dinner 7:00 Neuropathy Seminar Dr. Greg Logan (KC)</p>	<p>9, 9:30, 10:00 Publix Crossings Shopping (SU) <b>26</b> 9:30 Weights &amp; Bands (FC) 10:00 Balance Class (FC) 10:30 Arthritis Movement (FC) 11:00 Temple Emanu-El Chavarah (KC) 12:30 Shopping Dollar Tree/Winn Dixie (SU) 1:30 The Joy of Reading with Kobee resident June Stern (L) 3:00 Yoga Class (FC) 3:30 Shabbat Service Anchin Chapel 5:45 Temple Services (SU) 7:00 Piano and Song with Harriett (R)</p>	
<p>10:30 Current Events Forum with Jack Polejes-Genetics and Bio-ethics (KC) <b>28</b> 1:30 Sarasota Music Teachers Association Piano Recital (R) 1:00 Basic Computer-ease with Elinor (L) 3:00 Musical Favorite on DVD (KC) 7:00 Classical Music Program on DVD (KC)</p>	<p>9:30 Weights &amp; Bands (FC) <b>29</b> 10:00 Publix Commons Shopping (SU) 10:00 Balance Class (KC) 10:30 Balance Class (FC) 10:30 Mixed Media Art with Carlos (LE) 12:30 Shopping to Bealls/Bealls Outlet Bradenton (SU) 1:30 Shakespeare Reading Group (BR) 3:00 Smart Moves in Motion (FC) 3:30 Guided Relaxation Class (FC) 3:30 Fall Fest Happy Hour Dave Becker Fondue &amp; Bavarian Pretzels (R) 7:00 Bingo (KC) 7:00 Concert on Video (C)</p>	<p>8:30 Early Riser's Walking Club (FC) <b>30</b> 9:30 Morning Yoga (FC) 10:00 Movement Magic (KC) 10:30 Breakfast to Patches (SU) 11:00 Aviva U.-Carole Holland "Oil Development into Black Gold" (KC) 1:00 Pool Players Posse &amp; Lessons with Howard (C) 2:00 Range of Motion Class (FC) 3:00 Core Stability Class (FC) 3:30 Aviva U.-Bailla Miller -Georgia O'Keeffe &amp; Alfred Stieglitz-Power Couple-forging art form into the next Century-Part II (KC) 7:00 Manhattan Opera Lyricist Sings Select Arias (KC)</p>	<p>9:30 Weights &amp; Bands (FC) <b>31</b> 9:30 Exercise in the Pool with Marni 10:00 Balance Class (KC) 10:30 Balance Class (FC) 11:00 Michael Koren Musical in the Making Session (LE) 1:15 Kobee Cap Volunteers (LE) 3:30 Aviva U.- "The Other Side of the Holy Land" Dr. Rachel Dulin (KC) 5:00 Aviva Fall Festival Dinner Mixer (DR) 7:00 New Movie Release (KC)</p>		<p><b>BAKE SALE</b> <b>Columbus Day Rotunda Side Sale</b> Monday, October 8 Fashions, cards, and Aviva Bake Sale donations support the Alzheimer's Association</p>	<p><b>Location &amp; Abbreviation Key</b> (A) A Wing Lanai Outside (C) C-102 Card Room (BR) Board Room B-110 (DR) Dining Room (R) Rotunda (L) Library (LE) Life Enrichment Center (FC) Fitness Center (KC) Kretzmer Center (SU) Sign Up Required</p>